

# ACTIVITIES

RAWDON, RIGAUD, MONT-SAINT-GRÉGOIRE

2019 - 2020 SEASON



## ZIPLINE & AERIAL GAME TREK

Climb, swing, and zip through the forest canopy during, while crossing bridges, net walkways, balance cables, ziplines, and much more!

## ARBRE-EN-CIEL

(Available at Rawdon and Rigaud only)

Explore an outdoor playground where the only limit is your imagination! The little adventurers will wander between tree-houses connected by nets, walkways, and slides. There is not better way for kids to discover nature.

*Ideal for kids between 3 and 7 years old.*



## THE BENEFITS OF A SCHOOL TRIP AT ARBRASKA

*Developing motor skills*

*Increase self-esteem*

*Being in touch with nature*

*Improve team cohesion*



## INFORMATION AND BOOKING

Isabelle Payer 1-877-886-5500 ext. 1

[isabelle@arbraska.com](mailto:isabelle@arbraska.com)

(refer to the complete list of activities on the website [www.arbraska.com](http://www.arbraska.com))